

## Office Hours:

Monday - Thursday 8:30am - 4:00pm  
Friday 8:30am - 3:00pm



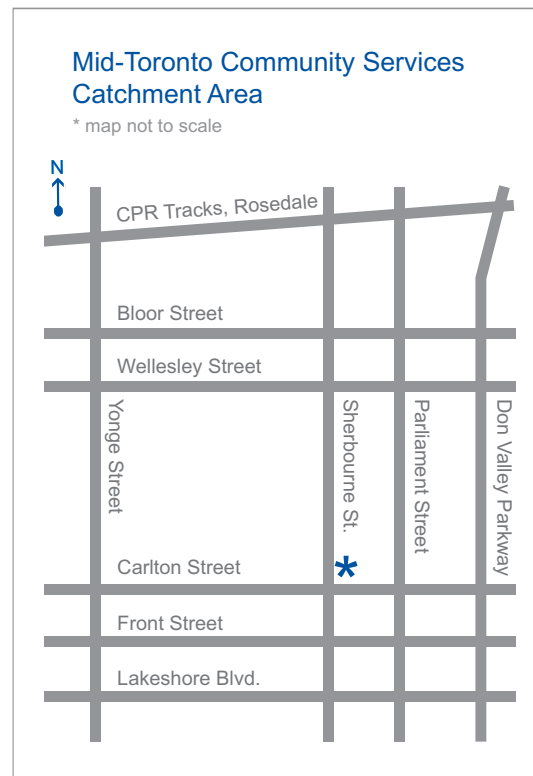
## How do I get Started? Contact Information

Call the Intake Department and the Intake Coordinator will guide you through the intake process.

Your referral will be forwarded to the program coordinator who will conduct an in-home assessment and provide additional information and answer questions.

Contact the Intake Coordinator at:  
416-962-9449 ext. 222  
intake@midtoronto.com

Transportation is available for those who live within our catchment area.



## Alzheimer Day Program Social Recreational Programs for individuals with a dementia



## The Alzheimer Day Program provides social and recreational activities for people with Alzheimer Disease or a related dementia.

This program offers support and relief to caregivers. Two-way wheelchair accessible transportation is offered if the person lives within our catchment area. A hot nutritious meal and snack are provided (special diets may be accommodated).

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### Eligibility

- Must be diagnosed with Alzheimer Disease and/or a related dementia
- Must be a one person transfer
- Must be able to attend a minimum of one day a week
- Must not display aggressive behaviour

### Referrals

Referrals are accepted from family, friends, doctors, community care access centres, health care professionals and social workers. Self referrals are also permitted.

### Operating Hours

Monday to Thursday  
10:00am – 3:00pm

Friday and Saturday  
10:00am – 2:00pm

Extended hours are available upon request.

### Fees

Fees are based on a sliding scale.

### Program Details

Programs incorporate both physical and mental stimulation activities.

### Programs offered:

- Exercises
- Discussion/Reminiscing
- Crafts
- Outings
- Music
- Mental aerobics
- Gardening
- Active games
- Baking